

Ageing Well Working Group

**Tuesday 17 March at 10:00 a.m. in Room 1:11 at Wallfields, Pegs Lane, SG13
8EQ**

Minutes

Introductions & apologies

Present: Cllr Linda Haysey (LH), Mekhola Ray (MR), Claire Pullen (CP), Marianne McWhinnie (MM), Carolyn Gale (CG), Sally Marlow (SM), Angela Alder (AA), Jan Wing (JW), Joseph Liggett (JL), Sally Millett (SMEH)

Apologies: Claire Garrad, Sarah Wren, Mark Kingsland, Kate Belinis, Tim Hayward-Smith, Debra Field, John Milton, Cathy Baker, Jan Stock, Jane Brown

Minutes of the meeting held on October 2014

Amended to reflect attendance of Jane Brown

Action from the previous meeting

JW visited Dementia Café, the theme - bulbs and seeds planting, everyone went away with something to plant. JW commented it was a vibrant group with a lovely atmosphere.

Dementia Action Alliance

SMEH – East Herts has now registered on the DAA website and submitted an action plan. We encourage other organisations to submit action plans.

DAA banner will appear on the TV screens in both council receptions.

LH – How do we check with partners that they are doing something? How do we ensure we act as a cohesive action alliance?

ACTION ALL

Dementia Initiatives

MM is now fully trained as a Dementia Friends Champion and can deliver the Dementia Friends training.

MM approached local businesses in Hertford town centre Waitrose, Specsavers, Boots, M&S, Tesco, Serendipity, Co-op Chemist to deliver free training. It will take a few approaches to break through the barriers - MR and MM will do the work on the ground.

ACTION: MM

Action: SM will find out through Alheimers Society which businesses are signed up nationally and feed this back to MM.

MM has started work with Hertford Theatre and Rhodes Arts Complex to deliver training and is liaising with East Herts HR to deliver sessions for staff with some places allocated for members of the public.

AA has requested training for volunteers at Hailey Centre Sawbridgeworth and Apton Centre Bishops Stortford.

ACTION: MM & AA

LH suggested speaking to Paradise Wildlife Park

Action: MM

MM encountered problems with initial contact with Whistling Duck.

Action: LH will take this forward.

LH informed the group that East Herts is looking to write a policy which will incorporate help for those living with dementia.

Bishops Stortford Dementia Café

Costs per annum £3500 – supported by LH EHC has provided £1500 – HCC will provide match funding. Bishops Stortford Baptist Church is the location a familiar venue which holds existing activities.

Bishops Stortford Rotary might support

Action: MR will look into for future funding.

Only looking at B/S and Ware at the moment. JW – Dementia Café started in Cheshunt, numbers too low, now joining Ware.

Update on incorporating Arts and Music in Dementia activities

The Reminiscence Project working with HCC and Riversmead - Memory Boxes - Tea Party at Hertford Theatre 30 March 2015. Catherine Davis is now teaching wardens how to carry the project on. This is a good example of partnership working.

LH – Circle Anglia is keen to do a similar initiative.

AA – Help for Singing for the Brain at Apton Centre

Action: HCC music services might have spare instruments LH will follow up.

Community Sports Activation bid

MR – the bid is for £185K explained the reasoning behind local activator post reducing to .5 Engagement & Partnerships Team would be involved in promotions, delivery and monitoring and evaluation all working with activator.

LH – Public Health money is to be spent on projects not employing someone.

Deadline for submission is 20th April 2015.

MR – if bid is successful good – if not successful still have match funding expect projects to start in September.

Sawbridgeworth Table Tennis Pilot – will form part of the evidence base to be included in the application.

Looking to have a launch – invite volunteers targeting voluntary organisations

LH – if bid is unsuccessful - with Public Health money EHC can do own projects with focus on wellbeing instead of pure sport.

Public Health Offer

LH – EHC £100K in Public Health money over 2 years – money not time specific to ensure sustainability – to be monitored in house.

JL – change in legislation – new for local authorities EHC will have Public Health responsibility. We have to use that resource best way we can. We have to come up with projects.

LH – CCG want to drive medical agenda EHC want to drive wellbeing agenda

JW – address people on the edge before they move in the wrong direction

CP – district offer Simon Barfoot has put together a paper 17 projects to consider rationale is clear prevention of poor health

JW – is it possible to share Simon’s paper so we can understand what is being said

ACTION: CP to circulate Simon Barfoot’s paper.

LH agreed to topslice £10K small communities grant pot for small charities to promote health and wellbeing – possibly £500 not drawn up yet

AA – Health Inequalities Fund – still have a project running that benefited from this initial seed money

CP Looking for community activators & community hubs to promote this agenda

AOB

Timebanking

JW wondering about progress – public meeting in Ware well attended volunteers eager. Is Timebanking tool available for these volunteers?

Action: MR will speak to JW separately no reason we couldn’t start in Ware if there is already a demand.

MR - We have become members of Timebanking UK free with membership is access to software package Time-ON-line. We have recruited 2 fully trained members of staff from North Herts with strategic and delivery experience. An action plan will be developed as soon as Kat (strategic) starts. Timebanking will also be looked at separately for staff.

CG – 4 districts already running Timebank looking to run countywide.

Date of next meeting To be confirmed

~~Tuesday 12 May, 10am, at Sawbridgeworth Town Council.~~